

BUILD LA MEMBER EXPERIENCE ACKNOWLEDGMENT AGREEMENT

PURPOSE

The purpose of this Agreement is to document and acknowledge that the members attending all BUILD LA training sessions have prior experience in heavy weightlifting and strength training, and understand the associated risks and responsibilities of engaging in such activities.

MEMBER REPRESENTATION

I hereby represent and warrant that:

I have previous experience with weightlifting, resistance training, and/or strength-based exercise.

I am familiar with proper weight lifting techniques, equipment usage, and general gym safety practices.

I understand how to use gym equipment without direct supervision.

I am physically capable of participating in such activities and have no medical conditions that would prevent safe participation, unless disclosed in writing to BUILD LA.

ASSUMPTION OF RISK

I hereby acknowledge that:

Weightlifting and exercise activities involve inherent risks, including but not limited to muscle strain, injury, broken limbs, or other physical harm.

I voluntarily assume all risks associated with participating in these activities.

BUILD LA is not responsible for injuries resulting from improper use of equipment or failure to follow safety guidelines.

COMPLIANCE WITH BUILD LA

I hereby agrees to:

Follow all posted rules and policies.

Use equipment in a safe and respectful manner.

Report any unsafe conditions or malfunctioning equipment to staff.

RELEASE OF LIABILITY

To the fullest extent permitted by law, the I hereby release, waive, and discharge BUILD Los Angeles, its owners, employees, and affiliates from any and all liability for injuries, damages, or losses arising out of or related to the my use of the facilities.

GOVERNING LAW

This Agreement shall be governed by and construed in accordance with the laws of the state of California.

ACKNOWLEDGMENT

I hereby acknowledge that I have read, understood, and agree to the terms of this Agreement, and that all information provided is accurate and truthful.

>Thank You,

Your BUILD LA TEAM